

TRANSFORM COUNSELING

PERSONAL INFORMATION AND HISTORY (INTAKE)

NAME: _____ PHONE: _____

ADDRESS: _____

GENDER: _____ BIRTH DATE: _____ AGE: _____ EMAIL: _____

MARITAL STATUS: Single Engaged Married Separated Divorced Widowed

EDUCATION: Last Grade Completed _____

NAME OF SPOUSE: _____ YEARS MARRIED: _____ OCCUPATION: _____

BRIEFLY ANSWER THE FOLLOWING QUESTIONS:

1. Please describe the current problem for which you are seeking counseling.

2. What have you attempted to do to alleviate the problem (if anything)?

3. What do you hope to achieve through the counseling process. Briefly list two to three goals.

4. Have you sought other outside help? If so, from whom? _____

5. Are you a believer in Jesus Christ? Yes No (Circle One)

6. Please explain the Gospel as you understand it in the space provided below: (use back of page if necessary)

ASSESSMENT

1. Please check all the following that apply to you at this time:

- | | |
|---|---|
| <input type="checkbox"/> I feel depressed | <input type="checkbox"/> I feel anxious |
| <input type="checkbox"/> I am having marital problems | <input type="checkbox"/> I struggle with my in-laws |
| <input type="checkbox"/> I have children | <input type="checkbox"/> I struggle as a parent |
| <input type="checkbox"/> I abuse alcohol | <input type="checkbox"/> I use illegal drugs |
| <input type="checkbox"/> I use prescription drugs | <input type="checkbox"/> I abuse prescription drugs |
| <input type="checkbox"/> I view pornography | <input type="checkbox"/> I struggle sexually |
| <input type="checkbox"/> I feel hopeless | <input type="checkbox"/> I feel fearful |
| <input type="checkbox"/> I feel angry | <input type="checkbox"/> I struggle with anger |
| <input type="checkbox"/> I am a poor communicator | <input type="checkbox"/> I feel sad |
| <input type="checkbox"/> I struggle with bitterness | <input type="checkbox"/> I feel worthless |
| <input type="checkbox"/> I do not attend church regularly | <input type="checkbox"/> I do not read my Bible often |
| <input type="checkbox"/> Jesus is important in my life | <input type="checkbox"/> I don't think about Jesus much |
| <input type="checkbox"/> I strongly fear rejection | <input type="checkbox"/> I have been sexually abused |
| <input type="checkbox"/> I have been physically abused | <input type="checkbox"/> I have been verbally abused |
| <input type="checkbox"/> I have been sexually abusive | <input type="checkbox"/> I have been physically abusive |
| <input type="checkbox"/> I am a loving husband | <input type="checkbox"/> I am a respectful wife |

CHURCH AFFILIATION

1. Are you a member of a local church? Yes No (Circle One)
2. If so, how long have you attended this church? _____
3. Are you actively involved in your church? Yes No (Circle One)
4. Do you have a person/people to whom you are accountable at your church? Yes No (Circle One)
5. Do you believe being an active part of a community of believes is important to reaching your goals in counseling? Why? Why Not? (use the back of this page if necessary)

REFERRAL

Please provide the information below regarding who referred you to **TRANSFORM COUNSELING**. May we send them a card extending our appreciation for their trust in our services? Yes No (Circle One)

Name: _____ email: _____

Address: _____ Phone: _____

Church/Ministry Affiliation: _____

SIGNATURE

Counselee Name (Print): _____

Signature: _____

Date: _____